

Le Restaurant
CARTE DU PETIT-DÉJEUNER

CONVENT BREAKFAST

Honey, butter, jam and chocolate spread
Cereal with milk
Convent granola with milk or fromage blanc
Yoghurt or fromage blanc
Cheese
Convent bread
Pastry from the bakery
Croissant, pain au chocolat
Lemon and freshly-pressed citrus juice
Piece of seasonal fruit
Eggs (*prepared as requested*)

Hot beverage (*prepared as requested*)
Fresh yellow, green or red juice

(48)

BREAKFAST MENU

À LA CARTE

Convent bread* - Pastry	(17)
Croissant and pain au chocolat	
Honey, butter, jam and chocolate spread	
Cereal* with milk	(9)
Convent granola (<i>with milk or fromage blanc</i>)*	(11)
Niçois muesli	(11)
Buckwheat porridge (<i>with or without fruit in syrup</i>)	(9)
Sweet omelette with orange flower	(16)
Yoghurt or fromage blanc	(9)
Fontainebleau and seasonal fruit	(15)
Cheese	(12)
Fresh cut fruit	(16)
Fresh cut vegetables	(14)
Fruit salad, fresh herb infusion	(11)
Convent fruit in syrup	(11)
Menton avocado, olive oil and salt flower (depending on season)	(16)
Cold cuts (<i>meat</i>)	(21)
Cold cuts (<i>fish</i>)	(25)
Eggs, (<i>prepared as requested</i>)	(14)
Omelette, (<i>prepared as requested</i>)	(16)
Vegetable Tian	(16)
Chickpea crêpes with herbs	(11)

*gluten-free option available

BREAKFAST MENU

TEA

Earl Grey	(9)
English Breakfast	(9)
Lapsang Souchong	(9)
Sencha green tea	(9)
Jasmine green tea	(9)
White tea	(9)
Rooibos	(9)

COFFEE

Espresso	(6)
Long coffee	(8)
Noisette (dash of milk)	(8)
White coffee	(8)
Café au lait	(8)
Cappuccino	(8)
Decaffeinated	(6)
Hot chocolate	(10)

JUICE

Yellow	(8)
Green	(8)
Red	(8)
Freshly squeezed grapefruit or orange juice (<i>when in season</i>)	(14)

Prices are in euros excl. tax – service is included.

List of allergens available from the Maitre d'Hôtel

Origin of meat: France